



AMAC

AUSTRALIAN TITLES

Dec. 5th & 6th – Sydney Olympic Park, NSW



Indicative Program Summary (Page 1)

*This programme will be finalised the week of the event – this is an approx. guide only Subject to Change.
Updated 30 December 2025*

Athlete Check-In Registration, T-Shirt & Spectator Ticket Collection Friday 4 December

6.00pm – 8.00pm Novotel Hotel
Sydney Olympic Park
11A Olympic Blvd, Sydney Olympic Park NSW 2127

Day 1. Saturday 5 December

8.30am Athletes to be at the venue
Opening Ceremony – Athlete March

9.15am In

9.30am President's Welcome to Day 1 of Australian Titles

9.45am Tournament Commences

- Forms (Finals Day 2)
- Freestyle Sparring (Finals Day 2)
- Weapons
- Demonstrations
- Sumo
- State of Origin - Teams Event **Forms and Sparring**

4.30pm Tournament Concludes

AUSTRALIAN MARTIAL ARTS CHAMPIONSHIPS



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Day 2. Sunday 6 December

8.30am Athletes to be at the venue
9.15am Opening Ceremony (special event)
9.30am President's Welcome to Day 2 of Australian Titles
9.45am Tournament Resumes

- Points Sparring - Non Contact and Points Contact
- Sword Combat
- Full Contact
- Finals Showcase (Top 2) for:
 - Traditional Forms 13yrs & above divisions
 - Point Sparring 13yrs & above divisions
 - Freestyle Sparring 13yrs & above divisions

4.30pm Tournament Concludes

Tournament After Party
(Casual drinks and snacks)
Novotel Hotel
Sydney Olympic Park
11A Olympic Blvd, Sydney Olympic Park NSW 2127

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