



**CANBERRA ROUND 1**  
**Australian Martial Arts Championships**  
**PCYC Queanbeyan - 29 March 2026**



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**Please Note:** The times & ring numbers on this programme are a guide only and may vary from the actual starting of the Divisions. Divisions may have been merged; please read the programme to ensure you have a clear understanding of the divisions to run. Any questions please see the Registration Desk at the Main Door.

**Doors open 9:30am - No canteen available on site - Thank You for your support and attendance**

		Athletes #
<b>Mat 1</b>	10:30 AM (25) Xtreme Forms, 10yrs & Under - All Grades - Male & Female	(1)
	10:38 AM (3) Traditional Forms, 8-10yrs - Advanced to Black Grade - Male & Female	(3)
	10:52 AM (36) Sparring Points, 8-10yrs - All Grades - Male & Female	(7)
	11:18 AM (48) Sparring Freestyle, 8-10yrs - All Grades - Male & Female	(5)
	11:38 AM (40F,39F) Merged Division, Sparring Points 13-15yrs - All Grades - Female	(5)
	11:58 AM (42F,41F) Merged, Sparring Points, 16-17yrs - All Grades - Female	(6)
	12:26 PM (53F,51F) Merged Division, Sparring Freestyle 13-17yrs - Beginners to Intermedi.	(2)
	12:37 PM (52F) Sparring Freestyle, 13-15yrs - Advanced to Black Grade - Female	(4)
	12:54 PM (99F) Points Contact, 13-15yrs - All Grades - Female	(4)
	1:11 PM (100F) Points Contact, 16-17yrs - All Grades - Female	(6)
	1:34 PM (9) Traditional Forms, 16-17yrs - Advanced to Black Grade - Male & Female	(7)
	2:00 PM (7) Traditional Forms, 13-15yrs - Advanced to Black Belt - Male & Female	(14)
	2:47 PM (8,6) Merged Division, Traditional Forms 13-17yrs - Beginners to Intermediate - M	(2)
	2:58 PM (42M,40M) Merged Division, Sparring Points 13-17yrs - Advanced to Black Belt -	(9)
	3:30 PM (52M) Sparring Freestyle, 13-15yrs - Advanced to Black Grade - Male	(5)
	3:50 PM (54M) Sparring Freestyle, 16-17yrs - Advanced to Black Grade - Male	(2)
	4:01 PM (100M,99M) Merged Division, Points Contact 13-17yrs - All Grades - Male	(5)
	4:16 PM MAT CLOSED	

		Athletes #
<b>Mat 3</b>	10:30 AM (1) Traditional Forms, 7yrs & Under - All Grades - Male & Female	(5)
	10:50 AM (2) Traditional Forms, 8-10yrs - Beginners to Intermediate - Male & Female	(9)
	11:22 AM (4) Traditional Forms, 11-12yrs - Beginners to Intermediate - Male & Female	(4)
	11:39 AM (5) Traditional Forms, 11-12yrs - Advanced to Black Grade - Male & Female	(6)
	12:02 PM (34) Sparring Points, 7yrs & Under - All Grades - Male & Female	(3)
	12:16 PM (46) Sparring Freestyle, 7yrs & Under - All Grades - Male & Female	(5)
	12:36 PM (38,37) Merged Division, Sparring Points 11-12yrs - All Grade - Male & Female	(7)
	1:02 PM (50) Sparring Freestyle, 11-12yrs - Advanced to Black Grade - Male & Female	(3)
	1:16 PM (61F) Fun Events Sumo, 13-15yrs - All Grades - Female	(2)
	1:27 PM (66F) Fun Events Sword Combat, 13-15yrs - All Grades - Female	(3)

		Athletes #
<b>Mat 2</b>	10:30 AM (102F) Full Contact, 16-17yrs Colts - All Grades - Female	(2)
	10:41 AM (102M,104M) Merged Division, Full Contact 13-17yrs Juniors - All Grades - Male	(3)
	10:55 AM (28) Demonstrations, 13yrs & Under - All Grades - Male & Female	(2)
	11:06 AM (29) Demonstrations, 14yrs & Above - All Grades - Male & Female	(4)
	11:23 AM (113) Weapons Traditional, 13yrs & Under - All Grades - Male & Female	(2)
	11:34 AM (114) Weapons Traditional, 14yrs & Above - All Grades - Male & Female	(6)
	11:57 AM (112) Weapons Xtreme, 14yrs & Above - All Grades - Male & Female	(2)
	12:08 PM (11) Traditional Forms, Adult - Advanced to Black Grade - Male & Female	(12)
	12:49 PM (12) Traditional Forms, Veterans - All Grades - Male & Female	(7)
	1:15 PM (45F,44F) Merged Division, Sparring Points Veterans & Adult - Advanced to Black Gr	(4)
	1:32 PM (56F,54F) Merged Division, Sparring Freestyle 16-18yrs - Advanced to Black Grade -	(6)
	1:55 PM (44M,43M) Merged Division, Sparring Points Adult - All Grades - Male	(9)
	2:27 PM (56M,55M) Merged Division, Sparring Freestyle Adult - All Grade - Male	(11)
	3:05 PM (45M) Sparring Points, Veterans - All Grades - Male	(4)
	3:22 PM (57M) Sparring Freestyle, Veterans - All Grades - Male	(5)
	3:42 PM (101M) Points Contact, Adults - All Grades - Male	(7)
	4:03 PM MAT CLOSED	

		Athletes #
<b>Mat 3 continued</b>	1:41 PM (61M) Fun Events Sumo, 13-15yrs - All Grades - Male	(3)
	1:55 PM (66M) Fun Events Sword Combat, 13-15yrs - All Grades - Male	(4)
	2:12 PM (58) Fun Events Sumo, 7yrs & Under - All Grades - Male & Female	(3)
	2:26 PM (63) Fun Events Sword Combat, 7yrs & Under - All Grades - Male & Female	(4)
	2:43 PM (59) Fun Events Sumo, 8-10yrs - All Grades - Male & Female	(5)
	3:03 PM (64) Fun Events Sword Combat, 8-10yrs - All Grades - Male & Female	(7)
	3:29 PM (60F) Fun Events Sumo, 11-12yrs - All Grades - Female	(4)
	3:46 PM (65F) Fun Events Sword Combat, 11-12yrs - All Grades - Female	(4)
	4:03 PM (60M) Fun Events Sumo, 11-12yrs - All Grades - Male	(3)
	4:17 PM (65M) Fun Events Sword Combat, 11-12yrs - All Grades - Male	(3)
	4:26 PM MAT CLOSED	

**CANCELLED EVENTS: 103M - Full Contact - Adult - Male**

**104F - Full Contact 13-15yrs Female**