

# WMAC Online Tournament



## Athletes Checklist

- Go to [www.zoom.us](http://www.zoom.us)
- Register for a FREE Zoom account.
- I have completed a test run using Zoom whilst performing my Form or Demonstration and checked the following:
  - I have enough space to perform my Form or Demonstration without obstruction.
  - I can perform within my camera lens (head-to-toe).
  - There is enough light in my chosen space.
  - Any light is behind my camera lens (not shining into it).
  - I have completed a sound check.
- Check the WMAC Online Tournament Programme (Emailed) for your division start times.
- Click the Zoom link for the WMAC Online Tournament (Emailed) three (3) divisions prior to your own and/or on the announcement via Facebook LIVE.
- Enter the password as specified in your email (if required).
- When prompted for your name, change it to your Full Name (if it has not been done).
- You will be placed in the Tournament Zoom Waiting Room.
- When your name is called be ready to enter the Online Tournament Zoom Room (Competition Area).



- The Chief Judge will prompt you to begin your Form or Demonstration - “Athlete, Start.”
- Athletes are to start their Form or Demonstration.
- On completion, stand in ‘Attention / Ready Position’.
- Judges will display their scores and scores will be announced.
- Athletes will be asked to bow and you will be admitted back into the Waiting Room.
- During the conclusion of the division, winners will be acknowledged and admitted back into the Online Tournament Zoom Room for Facebook LIVE.
- Once winners have been announced the division is formally over.
- Athletes should stay in the Tournament Waiting Room if they have other divisions to compete in.
- Athletes can continue to watch the tournament via the WMAC Facebook Live page.

# WMAC Online Tournament



## Athletes

### Preparing for the Online Tournament Competition

- ✓ Register for a FREE Zoom account.
- ✓ Athlete's full name **MUST** be registered with the Zoom account so that Officials can correctly identify you for the competition.
- ✓ Athlete's with a sibling may register with one account but both names **MUST** clearly be displayed (e.g. Liam & Angela Smith).
- ✓ Athletes need to ensure they have adequate space to perform their Form or Demonstration without any obstacles or distractions. Athletes are permitted to perform indoors (e.g. your living room, garage, etc) or outdoors (your backyard, your carport, or at a park).
- ✓ Officials will need to be able to see the athlete's entire body (this includes their feet, hands and head) during their performance.
- ✓ Athletes should ensure they have good lighting so Officials can view them clearly to give a fair score. Any light should be behind the camera lens.
- ✓ Athletes should not use a Zoom "virtual background" when competing as it may distort their performance and Officials will be unable to clearly see the Form or Demonstration.
- ✓ Where possible, it is highly advisable that another individual films the athlete whilst they are competing in the Online Tournament to provide a high-quality filming of the performance. The camera



of a mobile phone is generally better quality than the camera built into your laptop.

- ✓ If another individual is filming the athlete from the phone it is vital that they keep the entire athlete's body in the camera at all times and follow them as they move.
- ✓ All athletes, coaches and spectators should have the WMAC Facebook page open. Use Facebook Live on the WMAC Facebook page to watch the tournament, listen for announcements, engage with athletes and be part of the experience. (As an athlete, if you are about to compete in the Online Tournament via Zoom it is not advisable to continue watching on Facebook Live due to interferences that may occur).
- ✓ Like normal tournaments, athletes will be provided a program with a time for their division to compete.
- ✓ **Complete a test run of your camera, lighting and sound before you compete. 'Always practice for the Camera.'**

## During the Competition

- ✓ Listen to announcements made throughout the day on WMAC Facebook Live and Zoom.
- ✓ Enter the WMAC Online Tournament via Zoom three (3) events before your own as per your tournament programme (emailed).
- ✓ Athletes can enter the WMAC Online Tournament by the Zoom Link or ID (emailed). Once you click the link or enter the ID be sure to double check that you have listed your Full Name correctly (Siblings may use the same Zoom account as long as both names appear correctly).



- ✓ Once you enter the Online Tournament via Zoom, you will be placed in a Waiting Room prior to your event starting. You will appear in the list of "Attendees" whilst the Officials are judging other athletes. You will see the current athletes competing and the Officials on your screen.
- ✓ Do NOT leave the Zoom Waiting Room until your division has been completed.
- ✓ An announcement will be made by the WMAC Zoom Controller (Tournament Director) and a message will also be sent to Facebook Live. It is important that you are ready at the start of your event (your positioning in full view for the camera, camera ready, sound and lighting correct).
- ✓ A further announcement will be made by the WMAC Zoom Controller prior to an athlete entering the Tournament Zoom Room (Panellists). Eg. 'Brian Zarr is to perform his Form next followed by Jenny Wylie'. It is your responsibility to listen to the announcements otherwise you may miss your event.
- ✓ Once an athlete has been moved into the Tournament Zoom Room the athlete will need to be in 'Attention' (Ready Position) ready to start.
- ✓ An athlete will start their Form or Demonstration on the Chief Judge's request - "Athlete Start".
- ✓ At the end of the Form or Demonstration the Judges will display their scores.
- ✓ The WMAC Zoom Controller will announce the scores. The athlete will then be asked to bow.



- ✓ The WMAC Zoom Controller will dismiss the athlete at the end of the Form or Demonstration back to the Waiting Room.
- ✓ The Athlete is to stay in the Zoom Waiting Room whilst the division continues.

### **At the end of the competition for your division**

- ✓ Winners will be announced by the WMAC Zoom Controller and brought back into the Tournament Zoom Room. Athletes should stand in an appropriate position (Attention/Ready Position) to be acknowledged.
- ✓ The WMAC Zoom Controller will then announce the end of the division and the next division.
- ✓ Athletes can continue to watch the tournament via the WMAC Facebook Live page.